

# Broadcast Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<b>Midnight</b>	And You Don't Stop	Flashpoints	Flashpoints	Flashpoints	Flashpoints	Flashpoints	Channel Zero Network	
<b>0:30</b>		Ralph Nader Radio Hour	This Week in Palestine	Loafer's Glory	Indigenous Nation	CODEPINK Radio		
<b>1:00</b>		Radio Ecoshock	Hard Knock Radio	Hard Knock Radio	Hard Knock Radio	Hard Knock Radio		
<b>1:30</b>			Project Censored	Rising Up with Sonali	Stage Left (Birch)	Economic Update		Empty Hearth (Brit) / Moribund Radio (DJ Hagalaz)
<b>2:00</b>				Investigations (Birch)	Cap Hits Home / Anticap Chronicles			
<b>2:30</b>	Law and Disorder Radio	Democracy Now!	Democracy Now!	Democracy Now!	Democracy Now!	The Motherland Influence		
<b>3:00</b>	ICYMI	Letters and Politics	Letters and Politics	Letters and Politics	Letters and Politics			
<b>3:30</b>		Chris Hedges Report	Radio Ecoshock	Exploration	Writer's Voice		Civic Cipher	
<b>4:00</b>		The Scholars' Circle	Investigations (Birch)	Capitalism, Race & Democracy	Arts Express		First Voices Radio	Children's Programming
<b>4:30</b>			Counterspin	Democracy Now!	Democracy Now!		Democracy Now!	
<b>5:00</b>	Democracy Now!	Democracy Now!	Democracy Now!	Democracy Now!	Democracy Now!	Arab Voices	Black Agenda Radio	
<b>5:30</b>	The Final Straw	Against the Grain	Against the Grain	Against the Grain	Economic Update	Talk Nation	Ralph Nader Radio Hour	
<b>6:00</b>		Shortwave Report	Circumpolar Sound & Song	Sea Change Radio	Understanding Israel Palesting	Radio Curious		This Way Out
<b>6:30</b>	Food Sleuth Radio	Encounters	TUC Radio	Between the Lines	Making Contact	Shortwave Report	The Scholars' Circle	
<b>7:00</b>	CODEPINK Radio	Exploration	Big Picture Science	Writer's Voice	Bookwaves	Counterspin		
<b>7:30</b>		Democracy Now!	Democracy Now!	Democracy Now!	Democracy Now!	Veterans For Peace (F)	On the Ground	Caffeine with Kunaan
<b>8:00</b>	Law and Disorder Radio	Project Censored	Coffee & Quaq	Unreserved	Democracy Now	Radiodrome (Alex)	Hour for Humanity	
<b>8:30</b>					Building Bridges			
<b>9:00</b>					Century of Lies			
<b>9:30</b>	Ralph Nader Radio Hour	This Week in Palestine	Sojourner Truth	Indigenous Nation	Arab Voices	QuantaRadio (Hannah)	Investigations	
<b>10:00</b>	WINGS	Talk Nation	Investigations (Birch)	Cultural Baggage	The Anonymous Eskimo		Counterspin	
<b>10:30</b>	Understanding Israel Palestine	This Way Out	Circumpolar Sound & Song	Sprouts	Shortwave Report		Circumpolar Sound & Song	
<b>11:00</b>	Black Agenda Radio	Rising Up with Sonali	Capitalism, Race & Democracy	Laura Flanders Show	First Look Media	First Voices Radio	Chopped Liver (Rachel)	
<b>11:30</b>	Letters and Politics	Letters and Politics	Letters and Politics	Letters and Politics				Shortwave Report
<b>12:00</b>					Against the Grain	Against the Grain	Against the Grain	Voices of the Middle East and North Africa
<b>12:30</b>	Hard Knock Radio	Hard Knock Radio	Hard Knock Radio	Hard Knock Radio	Hard Knock Radio	Chris Hedges Report	Soulful Sunday Mix (Motown T)	
<b>13:00</b>								Project Censored
<b>13:30</b>	The Final Straw	Sojourner Truth	Fairbanks Public Affairs	Alternative Radio	On the Ground	Building Bridges		
<b>14:00</b>	Loafer's Glory	Chopped Liver (Rachel)	Arts Express	CODEPINK Radio	Electronic Intifada / Mediterranean Coverage	Understanding Israel Palestine		
<b>14:30</b>						Indigenous Nation		Trance-Formational Listening
<b>15:00</b>	Indigenous Nation	Trance-Formational Listening	Chris Hedges Report	Bringing Light Into Darkness	Electronic Intifada / Mediterranean Coverage	Hour for Humanity	Troubadours & Raconteurs	
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<b>Source:</b>	local	syndicated
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