

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Midnight	And You Don't Stop	Flashpoints	Flashpoints	Flashpoints	Flashpoints	Flashpoints	<i>Channel Zero Network</i>
0:30		Ralph Nader Radio Hour	This Week in Palestine	<i>Loafer's Glory</i>	Indigenous Nation	Code Pink	
1:00							
1:30		Radio Ecoshock	Hard Knock Radio	Hard Knock Radio	Hard Knock Radio	Hard Knock Radio	
2:00	Law and Disorder Radio	Project Censored	Rising Up with Sonali	<i>Stage Left (Birch)</i>	Economic Update	<i>Empty Hearth Moribund Radio Off the Drip</i>	
2:30				<i>Investigations (Birch)</i>	Sprouts		
3:00	Democracy Now! [Live]	Democracy Now! [Live]	Democracy Now! [Live]	Democracy Now! [Live]	Democracy Now! [Live]		
3:30							
4:00	ICYMI choice from last week	Letters and Politics	Letters and Politics	Letters and Politics	Letters and Politics	Gaëno'	
4:30							
5:00	Chris Hedges Report	Radio Ecoshock	Exploration	Writer's Voice	Civic Cipher	<i>Children's Programming</i>	
5:30							
6:00	The Scholars' Circle	<i>Investigations (Birch)</i>	Capitalism, Race & Democracy	Arts Express	First Voices Radio		
6:30		Counterspin					
7:00	Democracy Now!	Democracy Now!	Democracy Now!	Democracy Now!	Democracy Now!	Arab Voices	
7:30							
8:00	The Final Straw	Against the Grain	Against the Grain	Against the Grain	Chris Hedges Report	Talk Nation	
8:30						This Way Out	
9:00	Shortwave Report	<i>Circumpolar Sound & Song</i>	Sea Change Radio	<i>Radio Curious</i>	Making Contact	Shortwave Report	
9:30		<i>Encounters</i>	TUC Radio	Between the Lines	Bookwaves	Counterspin	
10:00	Economic Update	Exploration	Big Picture Science	Writer's Voice	Veterans For Peace	On the Ground	<i>Caffeine with Kunaan</i>
10:30	Cap Hits Home / Anticap Chronicles						
11:00	Democracy Now!	Democracy Now!	Democracy Now!	Democracy Now!	Democracy Now	<i>Radiodrome (Alex)</i>	
11:30							
12:00	Law and Disorder Radio	Project Censored	<i>Coffee & Quaq</i>	Unreserved [NV1]	Economic Update		
12:30					Century of Lies		
13:00	Ralph Nader Radio Hour	This Week in Palestine	Sojourner Truth	Indigenous Nation	Code Pink	<i>QuantaRadio (Hannah)</i>	
13:30							
14:00	WINGS	Talk Nation	<i>Investigations (Birch)</i>	Cultural Baggage	The Anonymous Eskimo [NV1]		Counterspin
14:30						<i>Encounters</i>	
15:00	Understanding Israel Palestine	This Way Out	<i>Circumpolar Sound & Song</i>	Sprouts	Shortwave Report	First Voices Radio	
15:30							
16:00	Black Agenda Radio	Rising Up with Sonalii	Capitalism, Race & Democracy	Laura Flanders Show [W]	Voices of the Middle East and North Africa	<i>Chopped Liver</i>	
16:30				Making Contact [W08]			
17:00	Letters and Politics	Letters and Politics	Letters and Politics	Letters and Politics	Building Bridges	<i>Coffee & Quaq</i>	
17:30					Counterspin		
18:00	Against the Grain	Against the Grain	Against the Grain	<i>First Look Media</i>	<i>Electric Avenue (DJ Kelly Green)</i>	Veterans For Peace	
18:30							
19:00	Hard Knock Radio	Hard Knock Radio	Hard Knock Radio	Hard Knock Radio	Hard Knock Radio	Arab Voices	
19:30							
20:00	Project Censored	Law and Disorder Radio	First Voices Radio	<i>Hammer Lane (DJ Daniel)</i>	Ralph Nader Radio Hour	Intercepted/Deconstructed	
20:30							
21:00	The Final Straw	Sojourner Truth	<i>Fairbanks Hour</i>	Alternative Radio	On the Ground	Building Bridges	
21:30						Understanding Israel Palestine	
22:00	<i>Loafer's Glory</i>	<i>Chopped Liver (Rachel)</i>	Arts Express	Code Pink	Electronic Intifada / mediterranean coverage	Voices of Middle East and North Africa	
22:30							
23:00	Indigenous Nation	Trance-Formational Listening	Chris Hedges Report	Bringing Light Into Darkness		<i>Hour for Humanity</i>	
23:30							Troubadours & Raconteurs
		Source:	local	always from archives	syndicated - RSS or WWW		